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A Collection Of The Best Sweet Potato Recipes: Tasty And Healthy Sweet Potato Recipes



Synopsis

Sweet potatoes are the best health food of all times. Not only are they full of nutrition but they have zero fat and very few calories. They are also tasty as hell and can be enjoyed with minimal amount of cooking required. The recipes in this book are aimed at getting the most out of the distinctive sweet potato flavor and also adding something extra to the taste in the process. All the recipes are easy to make and follow and will leave you coming back for seconds. Sweet potatoes are truly an amazing food to experiment with. They can be eaten on their own as a snack or whipped up as the perfect accompaniment to any other dish as well. This cookbook is designed to help you get started on an amazing sweet potato cooking journey.

Book Information

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Customer Reviews

I love sweet potatoes, and this book offers a lot of simple ingredients that change a sweet potato recipe into something new and different. A lot of pantry ingredients, easy shopping and simple to make recipes.

Love sweet potatoes. ...Good collection!

Fun recipes.

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